

# Free Education Webinar!!

Dandle•LION Medical invites you to an  
online webinar with 1.0 FREE nursing CE credit.

## Topic: What's Posture Got to Do With It?

A two-part presentation on proper positioning to  
(1) decrease hip dysplasia and (2) improve feeding success.

When: Friday, December 2nd, 2011

Time: 0900 Pacific Time /1200 Eastern

### What in the world do hip dysplasia and feeding have in common? Posture!

Most caregivers their own techniques for swaddling or wrapping babies as a means to facilitate flexion, promote calming and ensure thermal regulation. However, swaddling techniques and theories vary across the NICU settings. This webinar will first look at the effects of swaddling and positioning on the incidence of hip dysplasia and discuss recommendations for best practice. Second, Sandra will discuss the importance of side-lying as a postural intervention to improve the bottle feeding experience.

Postural alignment has **everything** to do with enhancing the baby's success in the NICU and beyond!



### Our Learning Objectives:

1. Understand the importance of proper swaddling and positioning to allow for proper hip joint integrity.
2. List three reasons for feeding a baby in the elevated side-lying position.

### Our Presenters:



#### **Sandy Conner, PT**

Sandy has been a neonatal physical therapist since 2002 at St. Louis Children's Hospital where she serves on a number of unit based and hospital based committees. Sandy has been awarded the Neonatal Developmental Care Specialist Designation by NANN.



#### **Sandra Carroll, OTR, CIMI**

Sandra Carroll is a neonatal occupational therapist who has practiced in the NICU and other pediatric settings in Louisiana and Texas since 1993. Sandra is also the President/Co-Founder of Neonatal Therapy Solutions and is a NANN certified Neonatal Developmental Care Specialist.

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